

**BREAKING
NEWS!**
VITAL SIGNS
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VitalNews

SUMMER 2023

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Message from the Chair!

This will be my last message to you as I am stepping down this June, but time sure does fly when you're having fun! I can't believe that I have been the Board Chair for almost two years. I have learned so much about the Community Foundation and met so many amazing people that I think everyone should take a turn as Chair! Lol

I would like to share some of the things I've learned in the last two years:

1. You can donate almost anything to the Foundation, a car, a house, a piece of art!
2. People can disagree and still be respectful.
3. The community members on our committees are passionate about the Foundation.
4. It will be difficult for me to pick only one committee to sit on once I step down.
5. Our staff is amazing! Not only do they talk the talk, but they also walk the walk.
6. We touch a lot of people in Southeastern Alberta.
7. Tag is a sport you can watch on TV!

Thank you for allowing me to represent over these past two years. It has been my honor.

With joy,
Frances

VOLUNTEER HIGHLIGHT

WELCOME



Cindy Goodine

PRAIRIE CROCUS ADVISORY
COMMITTEE



Cindy joined the Prairie Crocus Community Fund Advisory Committee in place of her father, John van Otterloo, after he stepped down. He spoke very highly of this organization, and she was excited to continue his legacy of giving back to her community.

Cindy was born and raised in Oyen. She married Kevin, who was also born and raised in Oyen, where they raised their two children, Darmidy and Dylan. She is the Branch Manager of the Oyen TD Canada Trust, and has worked in finance for over 35 years. Cindy also ran her own small business from her home for many years.

In her spare time, Cindy loves to spend time with family, friends, and her dog, Ogden, a giant St. Bernese. She also enjoys travelling, crocheting, reading, and time spent in the sun!

WELCOME CINDY!

A Farewell to Cheryl Pocsik

Cheryl joined the Community Foundation Board in 2017. She passionately led the Grants Committee as Chair for five years while acting as Secretary of the Board. Cheryl brought a wealth of knowledge and experience to CFSEA from her background in the banking world and as a community advocate. Our team at the office valued her ongoing support, coaching, and mentorship.

If you don't know Cheryl, she apparently retired a couple of years ago. However, her calling to support the team at EBT Chartered Accountants has led her to a casual position supporting them through tax season. Cheryl has always prioritized her family and it has been a pleasure watching her soak up all of the love from her grandchildren.

We want to wish Cheryl the very best as her second term on the Board comes to an end. If you see her out in the community, please be sure to thank her for her six years of dedication, time, and commitment to the Community Foundation.



SOUTHEAST ALBERTA



VitalSigns®

Vital Signs is a national program led by Community Foundations across Canada. It leverages local knowledge to measure the vitality of our communities and support action towards improving the collective quality of life.

The Vital Signs report identifies significant trends and provides in depth up-to-date data and information about the people in our community and the environment in which we live, work, and go to school. The report helps us all stay informed so together we can best address the needs of today and be prepared for the challenges of tomorrow.

Your voice plays an important role in this process. Please take 5-10 minutes to complete this survey and share amongst your networks and communities across Southeast Alberta.



Enter to win 1 of 5 \$100 gift cards to a local business.

Please visit us at: <https://bit.ly/VS2023SEAB>



Thank you to our Vital Signs Committee!!

Jennifer Mah, Josh Hudson, Jim MacArthur, Vanessa Anstey, Nikki Kay, Hannah Minor, Frances Barnes, Tristan Cole, Chelsey Ehresman, Lance Doll, Karen Blewett, and Yusuf Mohammed.

If you have any questions, please contact Lauren Friesen, Vital Signs Coordinator at vitalsigns@cfsea.ca

DONOR STORY

Clint and Robin Thacker

Clint and Robin were first introduced to the Community Foundation in 2018 when a feasibility study was under way to determine the want and need for a Community Fund to serve the County of Forty Mile. Clint joined the Rural Community Fund of Forty Mile Advisory Committee in 2019 as Board Chair. Clint and Robin care deeply for their community, family and friends. They are involved in many local fundraising and volunteer initiatives. In their spare time they enjoy watching their kids' sporting events, reading, listening to music, cooking, traveling, and staying active.

"The Rural Community Fund of Forty Mile is the perfect way of supporting many of the current projects in the community, as well as ensuring future requirements are addressed."



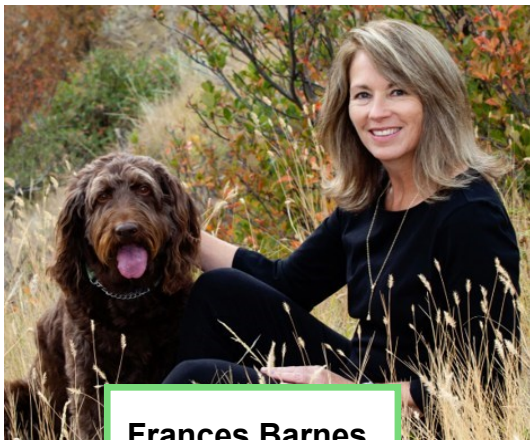
Clint & Robin Thacker

"Robin and I are passionate about the vitality of our community, in the short term, but also in the long term. There are many great projects focused on addressing short-term needs in our community, but not as many that are focused on future needs. "

Frances Barnes

Frances has been an incredible Board Chair for the Community Foundation over the last two years! We are blessed that she will be remaining on the Board for the 2023 – 2024 fiscal year to end her second term as a Director. The staff are grateful for Frances' ongoing support and guidance!

Not only has Frances been a dedicated Director and Board Chair, she and her family are passionate for community. One of their many philanthropic strategies is to donate to the Community Foundation. The Barnes Family Fund is set up as a Donor Advised Fund where they select the charities of their choice to receive the distribution from their fund annually. Their fund has distributed more than \$20,000 to ten charities since 2013.



Frances Barnes

"There are many ways to give back to your community: time, money, and support. I feel that by donating to CFSEA I am helping in all three of these areas both directly and indirectly. Our family gives to CFSEA because it's the gift that keeps on giving!"

Thank you

AGENCY FUND HIGHLIGHT



Big Brothers Big Sisters (BBBS) as many know is one-to-one traditional community mentoring. This mentoring is done anywhere in the community including libraries, movies, sporting events and so much more.



BBBS has an Agency Endowment Fund at the Community Foundation to Support their greatest needs.

“The agency fund is important to us so these programs will continue to grow and be supported in our community and area for many years to come.”

-Ashley Holden

Big Brothers Big Sisters provides one on one in-school mentoring where the mentor will visit the youth during school hours to support and encourage them every week. They may work on some schoolwork, play a game, or enjoy any activity on school grounds. Teen mentoring is done in partnership with high school students who walk over to a close elementary school and spend an hour doing an activity while supervised by a mentoring coordinator. The largest growth in the district and area would be their group programming. Currently, they are working in partnership with local school divisions to promote health and wellness, and social skills. These groups can be accessed by students in grades 4-7.



Being a mentor has really allowed me to see the positive influence and guidance you can bring into someone's life & the reverse. My mentee has allowed me to become a better version of myself that would not be possible without her! We are learning, laughing and experiencing new things together allowing our friendship to grow stronger.

-Anonymous Mentor

An **Agency Endowment Fund** provides organizations a simple and efficient way to build capacity and sustainability. It is a safe and simple way for non-profits to establish their own endowment. Donors can be sure that the endowed fund's principal will not be spent and can grow over time, providing a source of lasting support.

Connect with CFSEA if you are interested in learning more about Agency Endowment Funds so your non-profit can continue to support vibrant, healthy, and caring communities - Forever!

403.527.9038 | admin@cfsea.ca

RURAL COMMUNITY FUNDS



BROOKS & DISTRICT COMMUNITY FUND

Serving the City of Brooks and the County of Newell

The **Newell Safe Communities** and the **Brooks and District Child Development Society** were two (2) of five (5) groups who received funds from the CFSEA Spring Community Grants. **Newell Safe Communities** received **\$5,000** for their “*Youth Police Academy*”, and the **Brooks and District Child Development Society** will utilize their **\$5,000** grant for “*Educational Toys*”. In total, Brooks and District received **\$25,500** in funding.

P: 403.376.8884 | E: brooksdistrictfund@cfsea.ca



RURAL COMMUNITY FUND OF FORTY MILE

Serving the communities within the County of Forty Mile

The **Foremost Agricultural Society** received a **\$4,000** grant for their “*Agricultural Society Groomer Project*”. The **Bow Island and District Tourism and Historical Society** received a **\$3,315** grant for “*Building Improvements and Upgrades*” to fix the back steps of the Blues at the Bow. **40 Mile Christian Education Society** was the third recipient in the Forty Mile Region, receiving **\$1,899** towards their “*Jump Start*” Program to purchase an AED machine. In total, the Rural Community of Forty Mile received **\$9,214** in Community Grants this Spring.

P: 403.866.8901 | E: 40milefund@cfsea.ca

RURAL COMMUNITY FUNDS



PRAIRIE CROCUS COMMUNITY FUND

Serving the needs of Special Areas 2,3, and the MD of Acadia

The **Oyen Family and Community Support Services** accepted a **\$7,500** grant for their "*Oyen FCSS Tot Time Play Group*" program, alongside the **Oyen Childcare Society**, who received a **\$7,000** grant for "*Educational Toys*". In total, Prairie Crocus received **\$14,500** in funding.

P: 403.664.9571 | E: prairiecrocusfund@cfsea.ca



CYPRESS COUNTY COMMUNITY FUND

Serving the Cypress County Region

The **Dunmore Equestrian Society** was a grant recipient from the 2023 Spring Community Grant. They received a **\$5,000** grant to use for their "*Heritage Gather 2023*" project. In total, Cypress County received **\$5,000** in funding.

P: 403.527.9038 | E: cypresscountyfund@cfsea.ca

2023 COMMUNITY IMPACT AWARD

The Brooks Farmers' Market

The Community Impact Award is a **\$25,000** grant awarded to one agency that has an innovative project idea that demonstrates creativity and leadership, and supports vibrant, healthy, and caring communities.

This year, the Community Impact Award was awarded to the **Brooks Farmers' Market** on June 1st, at the Brooks and District Community Fund Grant Event for their **Farmers' Market Money**.

The Brooks Farmers' Market is equipped to address food insecurity in the community while strengthening local farms and bringing the community together. **Farmers' Market Food Money** vouchers will be provided where a need for financial assistance for food is identified through partner organizations working with vulnerable populations in the community.



YOUTH IN PHILANTHROPY (YiP)



Each year, students in school and group leadership classes participate in this program which engages youth in the world of philanthropy by learning about local community issues and the charities that meet those needs.



This year the participating schools were: **Crescent Heights High, Medicine Hat High, Brooks—St. Luke's Outreach, Cherry Coulee Christian Academy, St. Michael's (Bow Island), Senator Gershaw, and River Heights School**. These groups helped distribute **\$10,590** to local charities.

phi·lan·thro·py:



















the desire to promote the welfare of others, expressed especially by the generous donation of money to good causes.

2023 SPRING GRANTS

Community Grants support communities across Southeastern Alberta.

Donors can choose this fund as a way to allocate their contributions to support the community's greatest needs. A comprehensive procedure to determine the most crucial community needs are gathered through annual Vital Events. Grants are then awarded based on potential impact and fund availability. These grants are awarded twice a year, in the spring and fall.

Congratulations to the **20** organizations who received a total of **\$125,000**

 <p>the connection Intercultural Association of Medicine Hat</p>	<p>\$12,500 Intercultural Leadership Training Program</p>	 <p>FCSS Family and Community Support Services</p>	<p>\$7,500 Oyen FCSS Tot Time Play Group</p>
<p>\$9,158.53 Group Therapy: A Trauma Informed Approach to Parenting Child Sexual Abuse Survivors</p>	 <p>Sanare CENTRE</p>	<p>\$4,000 Groomer Project</p>	<p>Foremost and District Agricultural Society</p>
 <p>REDCLIFF Youth CENTRE</p>	<p>\$1,310 Homework Program</p>	 <p>CHERRY COULEE CHRISTIAN ACADEMY</p>	<p>\$1,899 Jump Start AED Device</p>
<p>\$10,000 So All Kids Can Play!</p>	 <p>KidSport</p>	<p>\$3,315 Building Improvements: Back Steps</p>	 <p>Blues in the Bow Bow Island & District Tourism and Historical Society</p>
 <p>REDI take flight.</p>	<p>\$21,000 AISH Assessment Relief Program</p>	 <p>DUNMORE EQUESTRIAN</p>	<p>\$5,000 The Heritage Gather 2023</p>
<p>\$10,000 Hands-on Learning: Family Science Olympics</p>	 <p>praxis SCIENCE OUTREACH SOCIETY</p>	<p>\$8,000 Bassano Elks Hall Renovation</p>	 <p>ELKS Bassano Elks Club</p>
 <p>MEDALTA in the Historic Clay District</p>	<p>\$4,000 Medalta Historic Beehive Kiln Revitalization For Community Activities</p>	 <p>Prairie Rose HOSPICE PALLIATIVE CARE SOCIETY</p>	<p>\$2,500 Alzheimer's Education</p>
<p>\$2,100 Reparis to the roof</p>	 <p>Redcliff Legion</p>	<p>\$6,000 Brook's Champion Centre Window Replacement</p>	 <p>THE CHAMPIONS</p>
 <p>edmonton SOCIAL PLANNING COUNCIL</p>	<p>\$1,000 Alberta Living Wage Network 2023 Calculation</p>	<p>Brooks and District Child Development Society</p>	<p>\$4,000 Educational Toys</p>
<p>\$5,000 Brooks Youth Police Academy</p>	 <p>City of Brooks</p>	<p>\$7,000 Oyen Daycare: Supports Positive Mental Health</p>	 <p>OYEN DAYCARE</p>

The Fall Community Grant Cycle will open in early August 2023. Connect with the CFSEA office to learn more!

PHILANTHROPY

Volunteer Opportunities in the Community

BIG BROTHERS BIG SISTERS

ASHLEY HOLDEN
403-527-6640

REDCLIFF YOUTH CENTRE

TAYLOR BARTRAM
403-548-2811

SAAMIS IMMIGRATION

MARIJANA
(403) 504- 1188 EXT.104

RONALD MCDONALD HOUSE

ELYSE
EBONDAR@RMHC
ALBERTA.CA

Y.M.C.A.

HELENE NICHOLSON
HELENE.NICHOLSON@
MEDICINEHATYMCA.CA

LEARN: COMMUNITY ADULT LEARNING COUNCIL

JODY
FAMILYLITERACY@
MHC.AB.CA

PRAIRIELAND ATHLETIC ASSOCIATION

OWEN HAUSAUER
403-664-8204

DUNMORE COMMUNITY ASSOCIATION

JODY PHILLIPS
DCADIRECTORS
@GMAIL.COM

HANNA MUSEUM

SHELBY VENO
HANNAMUSEUM1912
@GMAIL.COM

HANNA FOOD BANK

BARB BURGEMEISTER
403-854-8501

4-H ALBERTA

CONNIE-LYNE HARDER
403-901-8052

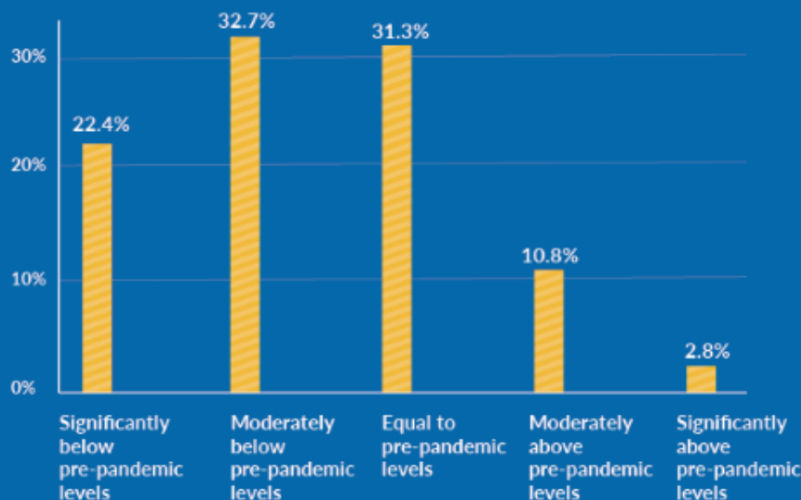
BIKE MEDICINE HAT

CARTER GRAMLICH
BIKEMEDICINEHAT@GMAIL.COM

BE YOUTH

MADDY THURROTT
MADDY.THURROTT@BEYOUTH
.CA

FIGURE 13
Total Active Volunteers for Your Charity in the Last Year Compared to Before the Pandemic



2023
Giving Report