

Nomination Package

The **Top 7 Over 70 Program™** celebrates innovative or new achievements of individuals who make significant contributions in fields such as science, literature, sports, agriculture, philanthropy, and the arts beyond the age of 70.

Nominations Open: March 2, 2026

Deadline: June 30, 2026

WHO IS ELIGIBLE:

Any senior who is over 70 and lives in Medicine Hat or its surrounding communities of Redcliff, Cypress County, County of Forty Mile, County of Newell or Special Areas 2, 3, 4 or M.D of Acadia is eligible to be nominated. Ideal nominees are those who have started something different or new, or implemented a new venture or idea, after the age of 70. **The focus of the awards isn't on past accomplishments or lifetime achievements.** Rather, individuals should be **nominated for new accomplishments, in which they're achieving excellence.** These achievements may be **based or built on previous work or commitments, but they should have a "current" flavour or different twist, or perhaps could be occurring in a completely new arena.**

CRITERIA FOR TOP 7 OVER 70 NOMINATIONS

The Top 7 Over 70 program recognizes individuals who have **started a new adventure or reprised an existing one after the age of 70.** All these individuals will have accomplished a milestone or vision that **inspires Albertans of all ages & demonstrates that age does not preclude developing new passions.**

Awards will honour individuals 70 and over who **have achieved excellence, inspired creativity, shaped innovation, and/or organized outstanding collaboration In one or more of the following areas:**

Agriculture: Generating innovations in the agriculture or ranching industry, educating others, or the transformation or enhancement to an existing farm/ranch operation.

Health & Recreation: Enhancing individual health, community well-being, or the quality of life for others.

Arts & Culture: Creating, performing, teaching, mentoring, or promoting arts & culture.

Science: Generating discoveries, conducting research, educating others, creating something new, or writing publications.

Business: Starting a new venture or creating transformational enhancement to an existing business.

Volunteerism: Making a significant impact, dedication, innovation, or level of participation; providing time, talent, and/or treasure.

Environment: Taking action, creating innovation, or inspiring others.

Overcoming Adversity: Conquering obstacles, facing challenges, or inciting change.

Making a Difference: Generating an outstanding contribution to their community or another group.

TOP 7 OVER 70™ NOMINATION FORM

How to nominate an individual for a Top 7 Over 70™ award:

1. Complete the nomination form, attached.
2. Ensure you have contacted your nominee and obtained his/her permission to enter them in this award.
3. Talk to two other people who know the nominee & obtain a letter of support for this nomination from each of them. (Details on letter of support are in nomination).
4. Gather the complete nomination form & two letters of support and email them to 7Over70@cfsea.ca.
5. Nominations must be received by **June 30, 2026**, to be reviewed.
6. For more information about Top 7 Over 70™, visit <https://cfsea.ca/top-7-70/>
7. If you have any questions, please email 7Over70@cfsea.ca.
8. Winners will be announced at the Top 7 Over 70™ Gala on October 14, 2026. Watch for future Gala details at <https://cfsea.ca/top-7-70/>.



NOMINEE INFORMATION

Title (Ms./Mrs./Mr./Dr./Other): _____

Name: _____

Address: _____

City or Town: _____ Postal Code: _____

Email Address: _____

Phone: _____

Date of Birth: _____

Please confirm the following statement with your initials: _____ I have informed the nominee that I've put their name forward for this award. He/She consents to have this nomination put forward and have his/her name included in any Top 7 Over 70™ properties, such as the organization's website, event program, and news releases.

NOMINATOR CONTACT INFO

Title (Ms./Mrs./Mr./Dr./Other): _____

Name: _____

Address: _____

City or Town: _____ Postal Code: _____

Email Address: _____

Phone: _____

ABOUT THE NOMINEE

Nominees are individuals in Southeastern Alberta who have **started a new venture of some type after age 70**. Their achievement(s) may be part of a fresh endeavor, or something based on previous work, but with a new twist. **The focus of the awards isn't on past accomplishments or lifetime achievements**. Rather, individuals should be **nominated for new accomplishments, in which they're achieving excellence**. Their achievement(s) may be occurring in one or more of the following categories: agriculture, health & recreation; arts & culture; sciences; business; volunteerism; environment; overcoming adversities; or making a difference.

Please list achievement(s) the nominee has accomplished since turning 70, please complete on an additional sheet, if required.

1. What are the individual's achievement(s) after age 70?

2. Why does this individual deserve a Top 7 Over 70 award?

3. How does this individual influence & inspire those around them?

4. What other initiatives, organizations, & community work is the nominee involved in?



LETTERS OF SUPPORT

Each nominee requires two (2) letters of support from other people other than the nominator submitting this form. These letters should explain why the letter writer believes the nominee deserves a Top 7 Over 70™ award & discuss how the nominee has accomplished a milestone or vision that inspires Albertans of all ages, demonstrating that age does not preclude developing new passions. Family members can be involved in nomination & supporting a nominee.

*Please collect these letters & include them with your nomination package. Please list the names of the individuals who will be writing letters of support:

Name: _____

Email: _____ Phone: _____

Name: _____

Email: _____ Phone: _____

Thank you for taking the time to nominate the worthy individual you know!

Submit completed forms:

Email: 7Over70@cfsea.ca

or

Mail: **104, 430 – 6th Avenue SE, Medicine Hat, AB T1A 2S8**

Attention: 7 Over 70